Novena to Saint Veronica Giuliani

Texts: Monastery "Saint Veronica Giuliani" Citta' di Castello Italian version Translation by Fr. John Aurilia, OFM. Cap.

Novena to Saint Veronica

The following novena can be prayed for nine consecutive days starting from June 30, every time you want to express your devotion to Saint Veronica, or to ask for a certain grace from the Lord through her intercession, or to thank the Lord for those graces already received. The only condition for the validity of the novena is that it must be done with determination, constancy, and without interruption for nine consecutive days.

Some suggestions:

As holy mother Church teaches, the spiritual life, religious exercises, and devotions are closely linked to the sacramental life and are all the more effective and fruitful the more we correspond to the grace of the Lord. Therefore, it is necessary to approach the sacrament of Reconciliation and to ask God for forgiveness of our sins, to attend the holy Mass (every day if possible) and to receive the holy Eucharist, the source and summit of the whole Christian life.

Furthermore, each day of the novena is recommended:

- 1. To praise, bless, and thank the most holy Trinity: God the Father for the gift of Creation; God the Son for the gift of Redemption; God the Holy Spirit for the gift of Sanctification.
- 2. To forgive always and everyone.
- 3. To practice personal, family, and community prayer with commitment and constancy.
- 4. To do charity work.
- 5. To abandon ourselves to God's will.

In this way, we experience already an authentic Christian life, we draw from the primary source of God's grace, we practice fidelity and correspond to it, we experience its benefits and receive all those blessings and consolations that nourish our daily life.

The novena to Saint Veronica, in fact, is very effective, if we firmly believe to overcome periods of suffering, illness, anguish, moral decay, family problems, marriage crisis, unemployment, to be enlightened in the most difficult choices to make, to be healed, consoled, and to ask for any help in small and big difficulties of every day and to thank the Lord for the many graces we continuously receive from him.

Introductory Prayers for Every Day

In the name of the Father, and of the Son, and of the Holy Spirit. Amen Let us pray to the Father through Christ our Lord to give us the Holy Spirit. He is the inner master who teaches us to pray. This is why the Church invites us to pray to him every day, especially at the beginning and at the end of any important action.

Invocation to the Holy Spirit

Come, thou Holy Spirit, come! Where thou art not, man hath naught, And from thy celestial home Nothing good in deed or thought, Shed a ray of light divine! Nothing free from taint of ill!

Come, thou Father of the poor! Heal our wounds, our strength renew; Come, thou source of all our store! On our dryness pour thine dew; Wash the stains of guilt away;

Thou, of comforters the best;

Thou, the soul's most welcome guest;

Sweet refreshment here below;

Bend the stubborn heart and will;

Melt the frozen, warm the chill;

Guide the steps that go astray.

In our labor, rest most sweet;
Grateful coolness in the heat;
Solace in the midst of woe.

On the faithful, who adore
And confess thee, evermore
In thy sevenfold gifts descend;

O most blessed Light divine, Give them virtue's sure reward; Shine within these hearts of thine, And our innermost being fill! Give them joys that never end

Come, Creator Spirit

Creator Spirit, come visit the souls that are yours; Fill with heavenly grace the hearts that you created.

You are called by the names of Paraclete, gift of God most high, Spring of life, fire, love and the soul's anointing.

Seven gifts are yours to give. You are the finger of the Father's right hand. You, the clear promise of the Father, give men's tongues the grace of speech.

Kindle a light in our minds, pour love into our hearts and uphold With your unfailing strength the frailty of our human nature.

Drive our enemy far from us and give us always the gift of peace: so may it be That, with your grace ever guiding us in this way, we may avoid all that is sinful.

Grant that through you we may know the Father and the Son, And may we ever believe you to be the Spirit of both the Father and the Son. Amen.

Lord, send out your Spirit and there will be a new creation. And renew the face of the earth.

Let us pray

Father, who in the light of the Holy Spirit, guide believers to the full knowledge of the truth, grant us to experience true wisdom in your Spirit and to always enjoy his comfort. Through our Lord Jesus Christ, your Son, who lives with you in the unity the Holy Spirit, God for ever and ever. Amen.

Apostles' Creed

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
(all bow at the following words)
WHO WAS CONCEIVED BY THE HOLY SPIRIT,
born of the Virgin Mary, suffered under Pontius Pilate,
was crucified, died and was buried; he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven, and is seated
at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

First Day

Saint Veronica, a life open to God's plan

You are my friends if you do what I command you. I shall no longer call you servants, because a servant does not know the master's business; I call you friends, because I have made known to you everything I have learned from my Father. You did not choose me, no, I chose you; and I commissioned you to go out and to bear fruit, fruit that will last; so that the Father will give you anything you ask him in my name (Jn. 15:14-16)

I had some special calls. It seemed to me that our Lord was at the door of 0heart and he said to me several times; "Open the door for me, open the door." These calls made me very happy. I turned to my Lord and said that the door was never closed for him, but he should come in soon because I could not wait any longer. He made me understand that he wanted to enter on condition that he should be the only one and have full dominion of my heart.

Hearing these invitations, seeing how much God does, with so much love, to take possession of a soul, I felt my heart jump and beat with such exuberance that it seems to want to open wide, so that the Lord would enter forever.

Although I was doing the house chores and manual work, from time to time, some impulses and raptures of mind came to me, all for *God alone*. This "*God alone*" gave certain lights to the soul and made himself felt that he wanted it completely stripped, and, at the same time, it seemed that He made it so, and then it seemed that the soul rejoiced (D I, 183). (Brief pause of silence)

Renewed to new life by the love of the Father, let us say together:

Your will be done in us, Lord

For Christians to form a faithful people under the guidance of the Holy Spirit...

Your will be done in us, Lord

For so many young people discovering the beauty of the total gift of themselves in the footsteps of Christ...

Your will be done in us, Lord.

For families who are a community of love united into the presence of Jesus...

Your will be done in us, Lord.

Our Father Hail Mary Glory to the Father Let us pray

O God, who wanted to choose Saint Veronica to accomplish in her life the marvels of your grace, through her intercession, grant us to be open to your loving plans so that our life may be in praise of your glory. Through Christ, our Lord. Amen.

Closing Prayer

Second Day

Saint Veronica, an existence filled with God's love.

Introductory prayers; as the first day

After saying this, what can we add? If God is for us, who can be against us? Since he did not spare his own Son, but gave him up for the sake of all of us, then can we not expect that with him he will freely give us all his gifts? Can anything cut us off from the love of Christ – can hardships or distress, or persecution, or lack of food and clothing or threats or violence? No; we come through all these things triumphantly victorious, by the power of him who loved us. For I am certain of this: neither death not life, nor angels, nor principalities, nothing already in existence, and nothing still to come, nor any power, nor the heights nor the depths, nor any created thing whatever, will be able to come between us and the love of God, known to us in Christ Jesus our Lord (Jn. 8: 31-39).

I went to church, I made my spiritual communion and I felt in my heart something strange of divine love, which gave me a big embrace.

I could not find the place! I went to the garden. As I walked, I felt, inside myself, being consumed with the longing for God.

I looked at the sky saying these words: *O heavens, open up yourselves to see my God, my Love.*" Saying that, I felt being on fire....

God made himself heard saying to me: "You are looking for me in heaven, and I am here, with you, and all united with you; you long to receive me, to be united with me, and I am eager for you to be united with me."

These things have renewed the pain I felt in my heart, I was restless. While I was in the chapel in the garden, I uttered loud cries and it seemed to me that I said these and similar words: "O Love, little known by creatures, O Love, let me know you, so that I can love you and be one with you" (D II, 1100-1101) (Brief pause of silence)

Rooted and grounded in charity, let us pray to God and say: *Hear us, Lord*

That the Church never lacks holy shepherds who guide the flock entrusted to them to the pastures of eternal life.......*Hear us, Lord*

That all peoples open themselves to the encounter with the Father, who in Jesus revealed himself as forgiving love......*Hear us, Lord*

That the lively experience of God's great love transform our life and make us free from doubt and fear.....*Hear us, Lord*

Our Father Hail Mary Glory to the Father Let us pray

O God, you have called us to your admirable light and want our life, like that of Saint Veronica, to be a constant search for you: give us the courage to remove from us everything that hinders the beam of your light in our souls.

Through Christ our Lord. Amen

Closing Prayer

Third Day

Saint Veronica, Eucharistic Soul Introductory prayers; as the first day

Jesus answered them:" In all truth I tell you, it was not Moses who gave you the bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is the bread which comes down from heaven and gives life to the world." "Sir," they said, "give s us that bread always." Jesus answered them: "I am the bread of life. No one who comes to me will ever hunger; no one who believes in me will ever thirst" (Jn. 6:32-35).

Jesus was saying to me: "I am your spouse. Tell me: what do you wish to have? And I replied: "Always to do your will and to be never separated from You. Oh! How gladly I would like to be fed of your body, if I could at every moment, or at least every morning! Since I cannot do this physically, please come to me spiritually."

While I was saying this, the Lord made me understand and communicated to me that, approaching the font and, even better, the vast sea of the most divine Sacrament, every time we approach with faith, with love, and with purity, our soul becomes integral part of God, like fish in the middle of the sea.

O God! She stands in the midst of this most divine sea. Where she turns, where she stands, where she rests.... everything is God; and this God enriches our souls in such a way with his graces and gifts, that every Communion enables our souls to takes giant steps in the path of perfection (D I, 938).

(Brief pause of silence)

The Lord wanted to stay with us until the end of the world. With grateful heart we say: *Fill us with your grace, O Lord*

That everyone searching for happiness may find in the Eucharist the true nourishment for the hunger of love...... Fill us with your grace, O Lord

That in the living bread that came down from heaven we may know how to recognize the living and true presence of God made man out of love for us..... Fill us with your grace, O Lor.

That the hunger and thirst for God never go out in the hearts of the believers.....Fill us with your grace, O Lord

Our Father Hail Mary Glory to the Father

Let us pray

O father, who wanted to give us your Son as a travel companion, following the example of Saint Veronica, let the Eucharist be for us the center of our life and the source of all graces through Christ our Lord. Amen.

Closing Prayer

Fourth Day

Saith Veronica, joyful witness of Christian hope Introductory prayers; as the first day

After saying goodbye to them, he went off into the hills to pray. When evening came, the boat was far out on the sea, and he was alone on the land. He could see that they were hard pressed in their rowing, for the wind was against them, and about the fourth watch of the night he came towards them, walking on the sea. He was going to pass them by, but when they saw him walking on the sea they thought it was a ghost and cried out; for they had all seen him and were terrified. But at once he spoke to them and said, "Courage! It is me! Do not be afraid." Then he got into the boat with them and the wind died down. They were utterly and completely dumbfounded, because they had not seen what the miracle of the loaves meant; their minds were closed (Mk.6:46-51).

Jesus said to me: Ego sum (I Am); Do not doubt. For heaven's sake! Do not pay attention to anything, stay calm: because it is me who works in you. Meanwhile. He invited me to rest in his Heart, and he let my head rest on his chest. Here he gave me light of my nothingness and he said to me: "You will win and you will be victorious in everything, when you immerse yourself in your self-knowledge, where I wish to take you."

While he was saying this to me, he was giving me light on him and on myself. That light I had of myself, of my nothingness, encouraged me to be, in all respects, abandoned in God alone. That light that I had from God made me fully understand that I could do nothing, that I was nothing, and that I wanted nothing. God alone was my only thought, I stopped in him, I trusted him, in him I found all my happiness! (D II, 53-54). (Brief pause of silence)

In the renewed discovery of the Christian salvation, in faith we pray:... Make us your witnesses, O Lord

That all missionaries may bring to the last frontiers of the world, the joyful witness of salvation....Make us your witnesses, O Lord

That all those under the burden of trial and pain, may feel the comfort of the presence of Christ.... Make us your witnesses, O Lord

That in frequently turbulent sea of our life, we may cling to the heart of Christ, who says to us today: *Courage, I am! Do not fear!....*

Make us your witnesses, O Lord

Our Father Hail Mary Glory to the Father

Let us pray

Almighty God, let Jesus Christ, the true sun, always shine for us on this earth! Make us, like Saint Veronica, joyful witnesses of Christian hope.

Through Christ, our Lord. Amen

Closing Prayer

Fifth Day

Saint Veronica, fire of love for God and all Introductory prayers; as the first day

Though I command languages both human and angelic – if I speak without love, I am no more than a gong booming or a cymbal clashing. And though I have the power of prophecy, to penetrate all mysteries and knowledge, and though I have all the faith necessary to move mountains – if I am without love, I am nothing. Though I should give away to the poor all that I possess, and even give my body to be burned – if I am without love, it will do me no good whatever. Love never comes to an end. But if there are prophecies, they will be done away with; if tongues, they will fall silent; and if knowledge, it will be done away with. As it is, these remains: faith, hope, and love, the three of them; and the greatest of them is love (I Cor, 13: 1-3,8,13). (Brief pause of silence)

We must leave everything in order to purely embrace true charity...true charity never makes us feel idle! Our works are nothing, they are worth nothing, but they are of great value if united with what the Lord has done. Let there be never a moment of time that we are not engaged in this holy exercise. In this way, the works that we do will benefit the entire world.

True charity keeps me awake, it urges me to work, it lifts my mind to God, it makes me forget about myself. It also seems that this virtue is so powerful, and it has so much efficiency, that it also makes my humanity restful. When I do some charity work, if I am feeble, I feel strengthened; if I am oppressed by some pain, I feel healed; if I feel annoyed by something, peace immediately returns; If I experience melancholy, joy returns. Indeed, charity repairs every mistake... (D II, 886-887).

God is love and at the end of life we will be judged only on love. We implore his mercy.... Light the fire of your love in us, Lord

For the journey towards full Christian unity to take place in the hearts of believers enlivened by the fire of Christ's charity: ... *Light the fire of your love in us, Lord*

For the world to be transformed by the acts of true charity: Light the fire of your love in us, Lord

For peoples at war, that they may discover that they are brothers and sisters, and children of the same God.... Light the fire of your love in us, Lord

Our father Hail Mar Glory to the Father

Let us pray

O God, you are infinite charity! You let Saint Veronica enter the school of true love: let us welcome the new commandment that Jesus left us, so that the world may believe that you sent him. He is God who lives and reigns in the unity of thew Holy Spirit for ever and ever. Amen

Closing Prayer

Sixth Day

Saint Veronica, daughter of the Church Introductory prayers; as the first day

When Jesus came to the region of Caesarea Philippi he put his question to his disciples, 'Who do people say the Son of man is?' And they said, 'Some say John the Baptist, some Elijah, and others Jeremiah or one of the prophets,' 'But you,' he said, 'who do you say I am?' Then Simon Peter spoke up and said, 'You are the Christ, the Son of the living God.' Jesus replied, 'Simon son of Jonah, you are a blessed man! Because it was not human agent that revealed this to you but my Father in heaven. So, now I say to you: You are Peter and on this rock, I will build my church. And the gates of hell can never overpower it. I will give you the keys of the kingdom of heaven: whatever you bind on earth will be bound in heaven, whatever you loose on earth will be loosed in heaven (Mt. 16:13-19).

I entrusted to the most holy Mary the needs of the Church and of the Pope, I understood that there are many trials and very great mistakes against our holy faith.

On this subject I prayed a lot and offered myself to suffer any torment for the conversion of sinners, for the perseverance of Christians in the holy faith and that we all recognize the great benefit of being born in the womb of the holy Church.

I have also recommended all the superiors, especially our Bishop, and I have prayed to the most holy Mary to assist him in all his needs and prayed for his intentions. (Brief pause of silence)

The Church is God's great family, in which Christ makes us brothers and sisters. With grateful heart we pray... *O Father, sanctify your people*

That the Church shine in the world as the Immaculate Spouse of the Word of God. We pray.... *O Father, sanctify your people*

That the Holy Father may be strengthened in his task to confirm everyone in God's faith, we pray... *O Father, sanctify your people*

That every faithful person be available to share the gifts of nature and grace for the benefit of the mystical body of Christ, we pray..... *O Father, sanctify your people*

Our Father Hail Mary Glory to the Father Let us pray

O Father, who in Christ the Savior increase your Church with new fruits of holiness, make us too, as you have made Saint Veronica, living members of the body of Christ which is the Church. Through Christ our Lord. Amen

Closing Prayer

Seventh Day

Saint Veronica, peace maker Introductory prayers; as the first day

Anyone who loves me, will keep my word, and my Father will love him, and we shall come to him and make a home in him. Anyone who does not love me, does not keep my words, and the word that you hear is not my own; it is the word of the Father who sent me.

I have said these things to you while still with you; but the Paraclete, the Holy Spirit, whom the Father will send in my name, will teach you everything and remind you of all I said to you.

Peace I leave you, my own peace I give you, a peace which the world cannot give, this is my gift to you. Do not let your hearts be troubled or afraid (Jn. 14:23-27).

This evening, before my Crucifix I spoke thus: "My most beloved Spouse, now I am not speaking with my tongue, but with your own wounds, which beg you for peace on earth and a true knowledge of the offenses against you, my supreme Good."

My Jesus, here is my open heart, which says to you: "I am yours and I speak with your same love."

O sinners...men and women, come to the Heart of Jesus; come to the cleansing place of his most precious Blood. Here he is stuck on his Cross for loving us. Come on over, come on! Do not hesitate! Lovable voices call you: they are not human tongues, but the stigmata of Jesus.

The wounds of Jesus are waiting for you not to condemn you, but to get you back into his grace, to forgive the many offenses he has received. Come over, Come on! Turn back to Jesus: He is waiting for you with open arms to embrace you... (D II, 16-17). (**Brief pause of silence**)

To be called children of God, we must become peace makers. With faith we ask...Father, let us listen to the voice of your Son

That the leaders of nation may seek, in all situations, the path of dialogue and respect for human rights...Father, let us listen to the voice of your Son

That all those, who are victims of violence and injustice, may find in God the way to true freedom and peace... Father, let us listen to the voice of your Son

That in a world torn apart by division and hostility, we may bring with our lives a message of reconciliation and love...Father, let us listen to the voice of your Son

Our Father Hail Mary Glory to the Father Let us pray

O God, in the pierced heart of Christ, you reconciled the suffering and divided humanity; in that heart Saint Veronica found the source of salvation: let everyone, renewed by the gift of the Spirit, find the path of peace and reconciliation. Through Christ our Lord. Amen

Closing Prayer

Eighth Day

Saint Veronica, disciple of the Blessed Virgin Introductory prayers; as the first day

Now a great sign appeared in heaven: a woman, robed with the sun, standing on the moon, and on her head a crown of twelve stars. She was pregnant, and in labor, crying aloud in the pangs of childbirth. Then a second sign appeared in the sky; there was a huge red dragon with seven heads and ten horns, and each of the seven heads crowned with diadems. The dragon stopped in front of the woman as she was at the point of giving birth, so that it could eat the child as soon as he was born. The woman gave birth to a boy, the son who was to rule all the nations with an iron scepter, and the child was taken straight up to God and to his throne, while the woman escaped into the desert, where God had prepared a place for her to be looked after for twelve hundred and sixty days (Ap. 12: 1-3, 4b-6).

I was thinking about the great love God brings to our souls...I found myself in a spacious and beautiful place; in the middle there was a beautiful throne on which the great Mother of God was seated. I cannot put into words her appearance and her beauty. She was shining brighter than the sun; indeed the material sun seemed darkness compared to this light!

She had a robe all made of gold, covered with beautiful gems, skillfully placed on it; and, on each gem were these words: *Mater amoris (Mother of Love)*.

She was holding in her arms Baby Jesus, who was so lovely and beautiful, that he stole my heart. Immediately many saints and a multitude of angels appeared; they with the sweetest harmony were saying: "Veni sponsa Christi [Come Christ's Bride] (D 1, 794). (Brief pause of silence)

Mary is full of grace, let us implore her motherly intercession saying.... *O Lord, may your Mother always assist us*

That the consecrated souls may rediscover the beauty of the gift of an undivided O Lord, may your Mother always assist us

That all the women may accept motherhood as the greatest gift of God.... O Lord, may your Mother always assist us

That society may grow and develop according to the inalienable values of family and life.... *O Lord, may your Mother always assist us*

Our Father Hail Mary Glory to the Father

Let us pray

Almighty Father, who have chosen Mary as daughter, mother and spouse, and entrusted Saint Veronica as her disciple, grant us, following her example, to preserve and meditate in our hearts your words, which are a lamp to our steps. Through Christ our Lord. Amen

Closing Prayer

Ninth Day

Saint Veronica, spouse of Jesus Crucified Introductory prayers; as the first day

From then onwards Jesus began to make it clear to his disciples that he was destined to go to Jerusalem and suffer grievously at the ends of the elders and chief priests and scribes and to be put to death and to be raised up on the third day. Then, taking him aside, Peter started to rebuke him. "Heaven preserve you, Lord," he said, "this must not happen to you." But he turned and said to Peter, "Get behind me, Satan! You are an obstacle in my path, because you are thinking not as God thinks but as human beings do." Then Jesus said to his disciples, "If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me." Anyone who wants to save his life will lose it; but anyone who loses his life for my sake will find it (Mt. 16:21-25).

Oh, how dear the cross is! These are gifts that God gives to those he loves most; there is no more appropriate means to acquire divine love than the cross. There is nothing more precious than suffering; there is no joy more precious than the cross: here we please God and we do his holy will.

And what else can we wish for?

A soul in love with the Crucified must rejoice in nothing other than the cross. Here are all our delights and honors; here must rest with peaceful relaxation all our affections and desires; here all our longings must be held, celebrated, and honored.

Yes, Yes! I bring all my sense to the cross! If the cross is of such value and is a means of uniting us to God, what else should we rejoice about?

My Saint Paul was right to say that was glorified in the cross (cfr. Gal. 6:14).

Oh, how dear, how precious the cross is!

Yet, we do not understand this language and we do not understand this hidden treasure of pure suffering and of the bare cross (D IV, 150). (Brief pause of silence)

Let us ask God the grace to discover the redemptive value of Christ's cross and say.....For the paschal mystery, hear us, O Lord

That every Christian accept to be a sign of contradiction in the world:For the paschal mystery, hear us, O Lord

That the blood of the martyrs of our time be a seed of new Christians:For the paschal mystery, hear us, O Lord

That we may know how to get close to those who falter under the weight of the cross:

.....For the paschal mystery, hear us, O Lord

Our Father Hail Mary Glory to the Father

Let us pray

Saint Veronica made the Church the meaning and center of her own existence; grant, O Father, that we may follow Christ your Son by losing our lives for the Gospel. Through Christ our Lord. Amen.

Closing Prayer